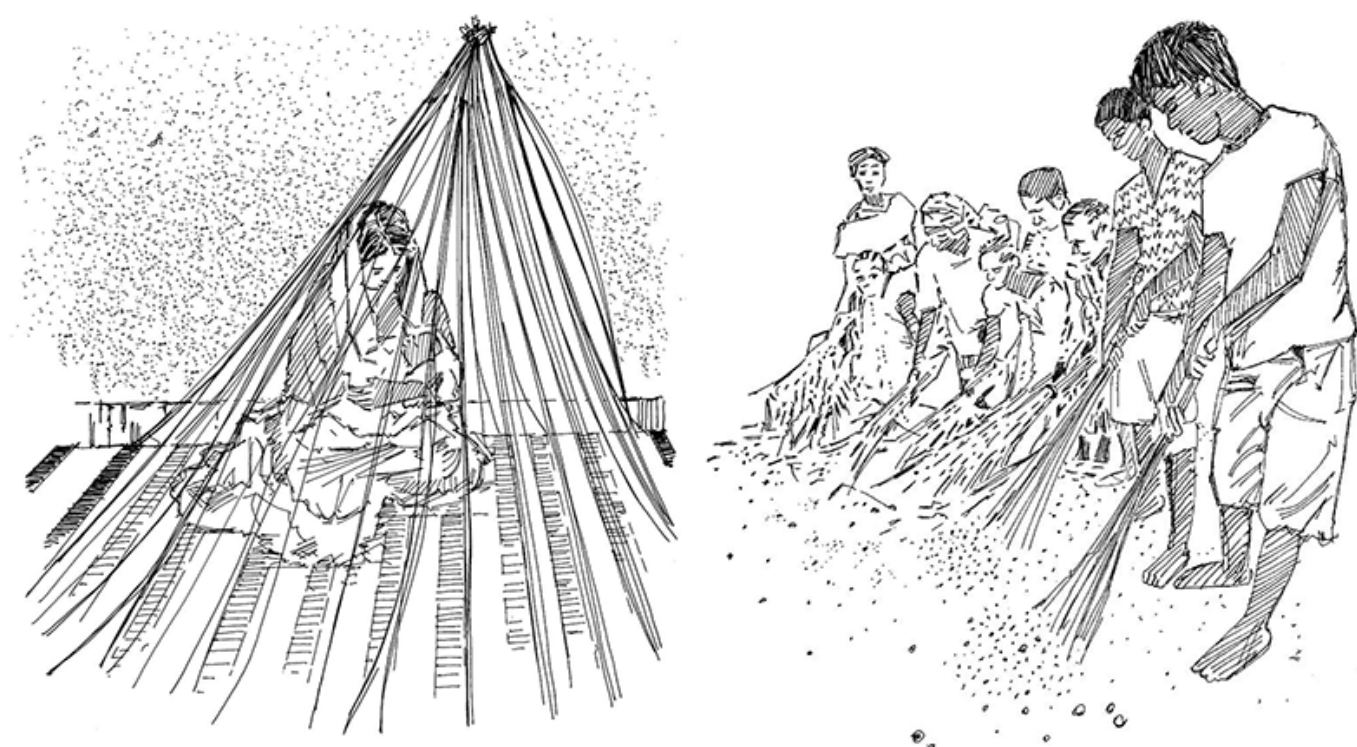




07. Protecting yourself against mosquitoes

Last update: 2024-09-19



Mosquitos can spread disease when they bite.

Use mosquito nets. Use screens on doors and windows, wear long sleeves and trousers, or use repellent to protect yourself against mosquito bites.